

Chocolate Whey Nutrimeal™

DIRECTIONS: For a rich, creamy shake, combine 3 scoops with 10–12 ounces of cold water to taste. Thoroughly mix in a blender or BlenderBottle® for 45 seconds. It's perfect for replacing one or more meals a day!

<h2>Nutrition Facts</h2>	
Serving Size 3 scoops (61g)	
Servings per Container 9	
Amount Per Serving	
Calories	230
Calories from Fat	60
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 1g	5%
<i>Trans Fat</i> 0g	
Cholesterol 10mg	3%
Sodium 260mg	11%
Potassium 780mg	22%
Total Carbohydrate 33g	11%
Dietary Fiber 8g	32%
Soluble Fiber 3g	
Insoluble Fiber 5g	
Sugars 19g	
Protein 15g	30%
Vitamin A	15%
Vitamin D	40%
Thiamin	30%
Niacin	25%
Folate	20%
Calcium	50%
Phosphorus	50%
Magnesium	25%
Copper	25%
Molybdenum	25%
Vitamin C	25%
Vitamin E	25%
Riboflavin	35%
Vitamin B6	35%
Vitamin B12	10%
Iron	15%
Iodine	30%
Zinc	20%
Manganese	15%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.	
	Calories: 2,000 2,500
Total fat	Less than 65g 80g
Sat. fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Protein Blend [Whey Protein Isolate, Whey Protein Concentrate, Nonfat Milk, Calcium Caseinate (a milk derivative), Milk Protein Isolate, Sodium Caseinate (a milk derivative)], Crystalline Fructose, Fiber Blend [Cane Fiber, Pea Fiber, Gum Arabic, Cellulose Gum, Oligofructose, Inulin, Xanthan Gum], High Oleic Sunflower Oil, Maltodextrin, Cocoa Powder, Natural Flavors, Potassium Phosphate, Calcium Phosphate, Magnesium Citrate, Salt, Prune Powder, Soy Lecithin, Silicon Dioxide, Natural Tocopherols, Ascorbic Acid (Vitamin C), Zinc Gluconate, D-Alpha Tocopheryl Acetate, Niacinamide (Niacin), Potassium Iodide, Vitamin A Palmitate, Molybdenum Citrate, Ferrous Fumarate, Cholecalciferol (Vitamin D3), Copper Gluconate, Manganese Citrate, Folic Acid, Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamine Hydrochloride (Vitamin B1), Cyanocobalamin (Vitamin B12).

Contains: Milk, Soy.

Produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

†For our customers sensitive to gluten: No gluten-containing ingredients are used in Chocolate Whey **Nutrimeal**. However, Chocolate Whey **Nutrimeal** is produced in a facility that manufactures other foods that do contain gluten.